## **BLOOD GLUCOSE CURVE WORKSHEET**

Thank you for taking the time to perform this blood glucose curve at home. This will help your veterinary team more accurately regulate your pet's diabetes.

## Instructions:

- 1. Take a blood glucose measurement before feeding your pet and record the value and time in the worksheet.
- 2. Feed your pet the typical amount. Record the brand/type of food you fed and the amount.
- 3. Administer insulin as directed by your veterinarian at the typical time it is given.
- 4. Obtain blood glucose readings every 2 hours for 8-12 hours as directed by your veterinarian.
- 5. In Notes write anytime you see your pet eating (meal or snacks) and the approximate amount. You can also write any other observations in Notes if you think it would be useful.
- 6. Fill in the time you took the reading and the glucose measurement.
- 7. The goal of the glucose curve is to find the LOWEST glucose your pet is reaching during the day. As you notice your pet's blood glucose dropping, it is helpful if you can take your pet's blood glucose every 30-60 minutes if the blood glucose is dropping below 150.
- 8. Submit to your veterinarian for evaluation. Never make insulin adjustments without consulting your veterinarian.

Date: Pet's name		ame:						
Type of food (Brand and dry vs wet):								
Times fed:: and	:	Amount fed: _	Type of insulin:					
Amount of insulin administere		at	:	PM	at	:		
		UNITS	TIME		UNITS	TIME		

Time	Blood Glucose	Notes

\*The glucose values will start higher at the time the insulin is given, progressively go down, and then progressively rise again. This is normal!